

Mental Health Technician Job Description

Duties and Responsibilities:

- Provide care and guidance to mentally ill and emotionally imbalanced patients
- Assist the psychiatrist in delivering treatment to patients
- Assist in administering medication to patients
- Plan, implement, evaluate, and monitor patients' treatments
- Help to educate patients and their families
- Perform administrative duties like recording and keeping medical records of all patients
- Help to interview or interrogate people admitted into the psychiatric facilities
- Report changes in patients' behaviors to the medical team
- Ensure the coordination of all related mental health services
- Help patients with personal hygiene
- Assist patients in their daily activities
- Assist with patients' therapeutic activities
- Ensure the safety of all assigned patients
- Responsible for the maintenance of the psychiatric unit in a mental health facility
- Report to a registered nurse or a supervisor
- Assist the facility cook to prepare meals for patients.

Mental Health Technician Requirements – Skills, Knowledge, and Abilities

- Higher school diploma or associate degree in mental health technology
- 3-year cognate experience
- Excellent and strong interpersonal skills
- Possession of great communication skills in both oral and written forms
- Must be a very patient person

- Must be mentally and emotionally strong
- Should be able to demonstrate strong teamwork skills
- Strong ability to pay attention to detail
- Should be able to exemplify sound psychological skills
- Must be able to exemplify a high level of positive attitude all the time
- Should be able to demonstrate a great level of social skills
- Good relationship and administrative skills
- Should be in excellent physical condition
- Remarkable observing skills to pick out changes in patients' behaviors
- Ability to work independently and also work harmoniously as a part of a team
- Ability to work under intense pressure and in demanding situations
- Must possess excellent grooming skills
- Possess excellent psychological skills
- Excellent relationship skills and problem-solving abilities.